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HIGH SCHOOL LUNCH MENU APRIL 2022



Penne with Meat Sauce
Popcorn Chicken Salad
Turkey & Cheese Bagel
Sandwich

4

Egg Fried Rice
Chef Salad
Ham & Cheese Sub

5

Beef or Bean Soft Tacos
Baja Salad

Turkey & Cheese Sandwich 6

Chicken Penne Alfredo Chicken Caesar Salad Turkey & Cheese Sub 7

Baseball Opening Day!

Loaded Hot Dogs
Chef Salad
Chipotle Chicken Wrap

8

BBQ Chicken Sandwich Chicken & Cheese Salad Turkey & Cheese Bagel Sandwich

11

Chicken Drumstick & Roll
Chef Salad
Ham & Cheese Sub

National
Grilled Cheese Day

3 Cheese Melt • & Bacon Grilled Cheese • Buffalo Chicken Salad Turkey & Cheese

Sandwich

13

Meatball Sub
Italian Salad
Turkey & Cheese Sub

14

LTO: Moroccan Chicken Bowl

Chef Salad Chicken Caesar Wrap 15

No School

18

Chicken & Vegetable
Dumplings
Chef Salad
Ham & Cheese Sub

19

Popcorn Chicken Mashed Potato Bowl Baja Salad (1)

> Turkey & Cheese Sandwich

20

Beef Mexican Lasagna with Rice Chicken Caesar Salad Turkey & Cheese Sub 21

Breakjast for Lunch

Scrambled Eggs,
Sausage Links & Pancakes
Egg Chef Salad
Honey Mustard Chicken
Wrap

22

Earth Day

Rainbow Flatbread Pizza
Popcorn Chicken Salad
Turkey & Cheese Bagel
Sandwich

25

Strawberry Milk Day

Mac & Cheese
Chef Salad

Ham & Cheese Sub

26

Ranch Chicken Club Flatbread Sandwich ()

Buffalo Chicken Salad

Turkey & Cheese Sandwich

27

Chicken Quesadilla with Sante Fe Rice

Chicken Caesar Salad

Turkey & Cheese Sub

28

Sweet & Sour Chicken with Lo Mein Chef Salad

Southwest Chicken Wrap

29

Spaghetti & Meatballs
Popcorn Chicken Salad
Turkey & Cheese Bagel
Sandwich

Daily: SunButter & Jelly Sandwich (1), Tacos, Burritos

Monday: Popcorn Chicken, Grilled Cheese (1)
Tuesday: Chicken Sandwich, Black Bean Burger (1)

Wednesday: Chicken Fried Steak Sandwich, Grilled Cheese ()

Thursday: Chicken Nuggets, Pizza Sticks (1), Cheese (1) & Pepperoni (2) Pizza

Friday: Hamburger, Cheeseburger, Black Bean Burger (1)

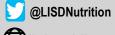
All meals offered with choice of fruit, vegetable and milk (1% white or skim

chocolate). **()** Denotes vegetarian item **()** Denotes pork item

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@LISDChildNutrition







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